

Prepared meals and food without a kitchen

Version 3 | Reviewed September 16, 2026

A practical referral guide for advocates serving adults age 18 and older in Cuyahoga County, Ohio. Family and maternity programs are included for adult clients with dependents. Programs with a narrower age range are identified. An out-of-county treatment link is labeled when it matters.

Provider, government, and community webpages were reviewed for service descriptions, contact details, and published intake criteria. No provider was called, and bed availability, funding, and appointment capacity were not confirmed in real time.

Urgent contacts

Immediate danger: 911. Life-threatening emergency. Do not wait for routine intake.

Behavioral health crisis: 988. Call or text 988. FrontLine local crisis line: 216-623-6888.

Homeless shelter intake: 216-674-6700. Coordinated Intake, Monday-Friday, 8 a.m.-6 p.m. Phone only.

After hours: 211. Evenings, weekends, and when the first referral cannot help.

Prepared meals and food without a kitchen

St. Herman House FOCUS Cleveland

Daily meals. Grocery bags in the last five weekdays are for households with dependents.

Phone: 216-961-3806

Service

Daily meals: breakfast 7:30-9 a.m.; lunch 11:30 a.m.-noon; dinner 5:30-6 p.m. Breakfast is generally coffee and pastries, sometimes hot food.

Eligibility

People in need of meals. Grocery distribution during the last five weekdays of the month is specifically for households with children or dependents.

Intake

216-961-3806. Request meal arrival instructions. Produce: Thursday 8:30-10 a.m. Grocery bags: last five weekdays, 2-3 p.m.

Confirm before you send someone

Sandwiches when available: noon-12:30 p.m. and 6-6:30 p.m. Hygiene is also listed at those times and Monday and Friday 1-2 p.m. Men's clothing Monday and Friday 1-2 p.m. Confirm holiday or stock changes.

Sources: <https://sainthermans.org/our-work/>

St. Augustine Hunger Center

Free weekday meals at 2346 West 14th Street. Confirm weekends directly.

Phone: 216-415-5101

Service

Free prepared meals at 2346 West 14th Street, Cleveland.

Eligibility

People needing a meal. Catholic Charities welcomes all.

Intake

216-415-5101. Catholic Charities' current county meal page lists Monday-Friday breakfast 8-9:30 a.m. and lunch noon-1:30 p.m.

Confirm before you send someone

Ask directly about weekend meals, takeaway options, and dietary needs. A networkwide statement about seven-day meal service is not proof of this site's weekend schedule.

Sources: <https://www.ccdocle.org/programs/community-hot-meals/cuyahoga-county-meals>

West Side Catholic Center meals and choice pantry

Weekday breakfast and lunch, Saturday breakfast and dinner, plus a choice pantry.

Phone: 216-631-4741

Service

Breakfast and lunch Monday-Friday. Breakfast and dinner Saturday. Also a choice pantry, monthly mobile produce, and daytime respite.

Eligibility

People needing meals or food support. Pantry intake may differ from meal access.

Intake

3135 Lorain Avenue. 216-631-4741. Call or visit the Resource Center for meal times and pantry arrangements.

Confirm before you send someone

The reviewed page specifies meal days but not exact serving times. Ask about today's meal, emergency groceries, pantry appointment or registration, and the monthly produce date.

Sources: <https://www.wsccenter.org/meals>

