

Outpatient and intensive programs

Version 3 | Reviewed September 16, 2026

A practical referral guide for advocates serving adults age 18 and older in Cuyahoga County, Ohio. Family and maternity programs are included for adult clients with dependents. Programs with a narrower age range are identified. An out-of-county treatment link is labeled when it matters.

Provider, government, and community webpages were reviewed for service descriptions, contact details, and published intake criteria. No provider was called, and bed availability, funding, and appointment capacity were not confirmed in real time.

Urgent contacts

Immediate danger: 911. Life-threatening emergency. Do not wait for routine intake.

Behavioral health crisis: 988. Call or text 988. FrontLine local crisis line: 216-623-6888.

Homeless shelter intake: 216-674-6700. Coordinated Intake, Monday-Friday, 8 a.m.-6 p.m. Phone only.

After hours: 211. Evenings, weekends, and when the first referral cannot help.

Outpatient and intensive programs

University Hospitals adult psychiatry and psychology

Adult inpatient and outpatient psychiatric care, plus a behavioral-health IOP after assessment.

Phone: 216-844-2400, 216-844-2874

Service

Adult inpatient and outpatient psychiatric care. A specific behavioral-health IOP requires a comprehensive assessment.

Eligibility

Adults needing psychiatric evaluation or ongoing care. IOP eligibility is determined by assessment.

Intake

Adult psychiatry: 216-844-2400. Behavioral-health IOP: 216-844-2874 or MDPIOP@UHHospitals.org.

Confirm before you send someone

Confirm which conditions the IOP treats, age limits, coverage, and location. Email only the minimum referral information until a secure record-transfer route is arranged.

Sources: <https://www.uhhospitals.org/services/adult-psychiatry-psychology> <https://www.uhhospitals.org/services/adult-psychiatry-psychology/conditions-treatments/intensive-outpatient-therapy>

Pasadena Villa Outpatient Cleveland

Adult mental health PHP and IOP, including virtual IOP, in the Cleveland and Independence area.

Phone: 888-324-3531

Service

Adult mental health PHP, daytime IOP, and virtual IOP in the Cleveland and Independence area.

Eligibility

Adults age 18 or older with mental health needs appropriate for an intensive outpatient setting. An admission evaluation is required.

Intake

Call the Cleveland admissions number, 888-324-3531, or complete the admissions inquiry for assessment and insurance verification.

Confirm before you send someone

Confirm insurance, cost, schedule, site, and the program's ability to manage co-occurring substance use or acute risk. This is not overnight shelter or inpatient treatment.

Sources: <https://pasadenavillaoutpatient.com/>

OhioGuidestone Cuyahoga outpatient services

Community outpatient counseling and psychiatry, with telehealth. Local sites include Lakewood, Euclid, and Cleveland.

Phone: 440-260-8300

Service

Community outpatient counseling and psychiatry. Telehealth options are available across Ohio.

Eligibility

Adults seeking mental health or addiction-related services. Program and payer screening applies.

Intake

Call Cuyahoga outpatient intake at 440-260-8300 and request an adult service. Local sites include Lakewood, Euclid, and Cleveland.

Confirm before you send someone

Confirm the exact adult program and site. A listed residential campus is not evidence of adult residential eligibility. Youth programs are outside this guide's scope.

Sources: <https://ohioguidestone.org/>

