

Hospital and day programs

Version 3 | Reviewed September 16, 2026

A practical referral guide for advocates serving adults age 18 and older in Cuyahoga County, Ohio. Family and maternity programs are included for adult clients with dependents. Programs with a narrower age range are identified. An out-of-county treatment link is labeled when it matters.

Provider, government, and community webpages were reviewed for service descriptions, contact details, and published intake criteria. No provider was called, and bed availability, funding, and appointment capacity were not confirmed in real time.

Urgent contacts

Immediate danger: 911. Life-threatening emergency. Do not wait for routine intake.

Behavioral health crisis: 988. Call or text 988. FrontLine local crisis line: 216-623-6888.

Homeless shelter intake: 216-674-6700. Coordinated Intake, Monday-Friday, 8 a.m.-6 p.m. Phone only.

After hours: 211. Evenings, weekends, and when the first referral cannot help.

Hospital and day programs

MetroHealth behavioral health

Adult inpatient, PHP, IOP, and outpatient care. Recovery Resources clinical services now route here.

Phone: 216-778-4428, 216-778-7800, 988

Service

Adult inpatient, PHP, IOP, and outpatient behavioral health services. Recovery Resources clinical services now route to MetroHealth.

Eligibility

Adults with mental health needs. Clinical assessment determines level, medical suitability, and admission.

Intake

Outpatient and clinical scheduling: 216-778-4428. Inpatient inquiries: 216-778-7800. For urgent safety concerns use crisis assessment or an emergency department.

Confirm before you send someone

Confirm the exact program location, age criteria, coverage, referral records, and bed availability. Do not send patients to an old Recovery Resources intake route.

Sources: <https://www.metrohealth.org/en/medical-services/behavioral-mental-health/> <https://recres.org/>

Highland Springs

Adult inpatient mental health and substance use treatment, detox, PHP, and IOP. Call 216-302-3070.

Phone: 216-302-3070

Service

Inpatient mental health and substance use treatment, detox, PHP, and IOP. Program offerings vary by location.

Eligibility

Adults whose assessment supports the selected program. Use the adult track rather than child or adolescent services.

Intake

Call 216-302-3070, available 24/7, for an initial assessment. Main campus: 4199 Millpond Drive, Highland Hills.

Confirm before you send someone

Confirm the specific adult service, treatment site, insurance or authorization, and admission instructions. A program listing does not confirm a bed.

Sources: <https://www.highlandspringshealth.com/> <https://www.highlandspringshealth.com/programs>

Southwest General Oakview

Adult inpatient mental health care and outpatient behavioral health and addiction programs. Ages 18+.

Phone: 440-816-6944, 440-816-8200, 440-816-5755

Service

Adult inpatient mental health care and outpatient behavioral health and addiction programs.

Eligibility

Adult programs are for ages 18 and older. Assessment determines treatment fit.

Intake

General behavioral-health information: 440-816-6944. Outpatient programs: 440-816-8200. Adult inpatient unit: 440-816-5755.

Confirm before you send someone

Request the current adult PHP, IOP, or routine outpatient option appropriate to the assessment. The unit phone is not a guarantee of direct admission.

Sources: <https://www.swgeneral.com/services/behavioral-health/oakview-behavioral-health-services/> <https://www.swgeneral.com/patients-visitors/phone-directory/>

