

Hygiene, showers, laundry, and adult clothing

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A practical referral guide for advocates serving adults age 18 and older in Cuyahoga County, Ohio. Family and maternity programs are included for adult clients with dependents. Programs with a narrower age range are identified. An out-of-county treatment link is labeled when it matters.

Provider, government, and community webpages were reviewed for service descriptions, contact details, and published intake criteria. No provider was called, and bed availability, funding, and appointment capacity were not confirmed in real time.

Urgent contacts

Immediate danger: 911. Life-threatening emergency. Do not wait for routine intake.

Behavioral health crisis: 988. Call or text 988. FrontLine local crisis line: 216-623-6888.

Homeless shelter intake: 216-674-6700. Coordinated Intake, Monday-Friday, 8 a.m.-6 p.m. Phone only.

After hours: 211. Evenings, weekends, and when the first referral cannot help.

Hygiene, showers, laundry, and adult clothing

Malachi Center

Walk-in showers, hygiene supplies, laundry, and grab-and-go breakfast.

Phone: 216-771-3036

Service

Walk-in showers, hygiene supplies, clothes washing, and grab-and-go breakfast.

Eligibility

Any adult in need.

Intake

2416 Superior Viaduct, Cleveland. 216-771-3036. Showers Monday-Friday 9:30 a.m.-2 p.m. The shower page lists free onsite laundry 9:30 a.m.-noon.

Confirm before you send someone

Confirm laundry load limits, last check-in, available machines, and whether laundry follows the same weekdays. Ask about clothing through PEARLS Closet separately.

Sources: <https://www.malachicenter.org/programs-services/programs/shower-program>

West Side Catholic Center clothing and survival services

Clothes, toiletries, appointment-based showers, mailboxes, and ID voucher help.

Phone: 216-631-4741

Service

Free clothes, shoes, toiletries, and household goods. Appointment-based showers, phone access, mailboxes, barber services, and ID or birth-certificate voucher help.

Eligibility

Adults and households needing basic-needs support. Confirm eligibility and limits for each service.

Intake

216-631-4741. 3135 Lorain Avenue. Request a clothing or basic-needs appointment, or name the specific service needed.

Confirm before you send someone

Ask about sizes, supply limits, documents, wait time, and mailbox rules. Healthcare and legal sessions have separate schedules.

Sources: <https://www.wsccenter.org/clothing>

The Centers Basic Needs Resource Center

Food, baby clothing, household items, and connections to other supports.

Phone: 216-325-9355

Service

Food, baby clothing, household and personal-care items, and connections to housing, transportation, healthcare, and employment supports.

Eligibility

Families and individuals whose needs match available programs. The public page does not supply a complete income, ZIP, or enrollment rule.

Intake

Call 216-325-WELL (216-325-9355) or use the BNRC inquiry route. Ask for a basic-needs assessment and the appropriate site.

Confirm before you send someone

Ask whether agency enrollment or a referral is needed, what is stocked, and appointment limits. Quick Packs, markets, and perinatal supports are separate options.

Sources: <https://thecentersohio.org/early-learning/bnrc/>

