

Home-delivered meals and senior food boxes

Version 3 | Reviewed September 16, 2026

A practical referral guide for advocates serving adults age 18 and older in Cuyahoga County, Ohio. Family and maternity programs are included for adult clients with dependents. Programs with a narrower age range are identified. An out-of-county treatment link is labeled when it matters.

Provider, government, and community webpages were reviewed for service descriptions, contact details, and published intake criteria. No provider was called, and bed availability, funding, and appointment capacity were not confirmed in real time.

Urgent contacts

Immediate danger: 911. Life-threatening emergency. Do not wait for routine intake.

Behavioral health crisis: 988. Call or text 988. FrontLine local crisis line: 216-623-6888.

Homeless shelter intake: 216-674-6700. Coordinated Intake, Monday-Friday, 8 a.m.-6 p.m. Phone only.

After hours: 211. Evenings, weekends, and when the first referral cannot help.

Home-delivered meals and senior food boxes

Benjamin Rose Meals on Wheels

Weekday home-delivered meal. Age 60+ may receive meals free. Someone must receive the delivery.

Phone: 216-373-1994

Service

One daily meal Monday-Friday, normally delivered 10 a.m.-2 p.m. Medically tailored options may be available.

Eligibility

Cuyahoga residents unable to shop for or prepare meals independently. Age 60+ may receive meals free. Younger adults may ask about self-pay.

Intake

Program line 216-373-1994, or complete the online intake form. Describe functional needs, address, and dietary restrictions.

Confirm before you send someone

The client or a family member must receive delivery. Perishables are not left outside. Confirm enrollment timing, special diets, younger-adult price, and holiday or weather coverage.

Sources: <https://www.benrose.org/programs-and-services/health-wellness-services/home-delivered-meals/>

Southeast Clergy Meals on Wheels

Confirm before referral

Paid or low-cost meal delivery for ZIP 44146. Current fee was not established from the public page.

Phone: 211

Service

Volunteer meal delivery operating five days weekly from South Haven's Fellowship Hall.

Eligibility

People in ZIP 44146 - Bedford, Bedford Heights, Oakwood Village, and Walton Hills - who are unable to shop for or prepare adequate meals. This is a paid or low-cost program.

Intake

Use the Meals on Wheels link from South Haven's page and request client enrollment. Ask about delivery eligibility, current cost, and start date.

Confirm before you send someone

An exact current fee and enrollment telephone were not established from the accessible primary page. Use 211 for assisted contact if the program site does not load.

Sources: <https://www.southhavenucc.org/meals-on-wheels>

Library senior food boxes

Monthly box for adults 60+ who are approved in advance. A supplement, not daily meals.

Service

Monthly senior food-box distribution at participating Cuyahoga County Public Library branches.

Eligibility

Adults age 60+ meeting income guidelines. Advance application required. Separate from open mobile-pantry registration.

Intake

See the library Mobile Pantry page and ask a participating branch for a Senior Food Box application. Listed branches include Bedford, Brooklyn, Maple Heights, and South Euclid-Lyndhurst.

Confirm before you send someone

Confirm application approval, pickup appointment, identification, and proxy rules. A senior box does not replace daily meals.

Sources: <https://cuyahogalibrary.org/mobile-pantry>

